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Wisdom Magazine is also one of the country's largest free holistic publications with 150,000 copies printed bi-monthly in three regional print editions. Wisdom is dedicated to opening people's hearts and minds to the philosophies, products and services of the new millennium.

In the Sight of the Divine: Her Holiness Sai Maa in Albany, NY

by [Mary T. Sise](#)

You would have to be living under a rock not to notice that something is happening on this planet. Everything is moving faster, days seem shorter, entire years whiz by. Have you noticed when you think of someone or something, it appears synchronistically? Scientists tell us that solar flares are bombarding the earth and the magnetic poles are shifting as the planet now spins into the center of the Milky Way galaxy. What's going on?

According to Her Holiness Sai Maa, we've entered the time foretold by ancient traditions. Our planet is moving to a higher vibration, therefore each of us, as part of the planet, will also experience this. Sai Maa explains that there are two frequencies on our planet, love and fear, and that our planet is the only planet in our known universe designed this way. It was to be a "playground," and like children in a play, we requested to experience the duality of fear and love. The only problem is that we got caught up in the play, with all our costumes and props, and forgot who we really are. This time of duality is over, and the planet and her inhabitants are releasing fear, anger and darkness to remember the truth. Everything must be brought into alignment with the truth—no more being fake, cheating or lying. Mother Earth is shaking off all the anger and fear we put into her.

The only choice we have right now is whether to shift consciously, or to hold on to old limiting beliefs and suffering. Make no mistake; the planet is not ending, but birthing herself into a planet of love and light. Similar to a mother birthing a baby, we are in the time of transition. Knowing this and doing everything possible to breathe, release our own fears, open our hearts and be with what is happening, will help us not freak out and believe that something is wrong or that God is punishing us for some transgression. In reality, nothing could be further from the truth.

To assist us, Sai Maa is returning to Albany on December 13 and offering a gifted program called *Darshan*. *Darshan* is a Sanskrit word that means "in the sight of the Divine". It is more than a blessing; it is being seen fully, a recognizing from Soul to Soul of the divinity that is within you. It is a calling forth of that divinity and raising your vibration to a higher place of peace and joy — qualities already within you, yet dormant. Similar to a candle flame placed near a fireplace, the fire expands and amplifies the light already there. Being "seen" by a Living Master is a powerful way to raise the vibration of your own being, and you serve by putting more love on the planet and supporting others to awaken to the light within them. Please bring your friends, loved ones and children.

More information, including a video of Sai Maa offering Darshan in Japan, can be found at: www.SaiMaaAlbany.com and www.Sai-Maa.com. Contact Mary Sise at 518- 785- 8576 or www.marysise.com.